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MOUNT KILIMANJARO PARK LISTING GUIDE

Dear Climber,

Thank you for showing interest with us for your climb but we kindly ask you to be responsible for bringing personal gear and equipment while other a shared equipment like (tents, chairs, table, food, cooking items, and mattress) provided by Boker Adventures.

Below is a gear list of recommended and optional items to bring for your climb, If you do not have many of these items and don't feel like going to buy out the contents of your local outdoor shop then it is possible to hire all items here.

EQUIPMENT	NUMBER	PRICE
• Waterproof Jacket, breathable with hood	1	@ 20\$
• Insulated Jacket, synthetic or down	1	@ 20\$
• Soft Jacket, fleece or soft-shell	1	@ 20\$
• Long Sleeve Shirt, light-weight, moisture-wicking fabric	2	@ 15\$
• Short Sleeve Shirt, light-weight, moisture-wicking fabric	1	@ 15\$
• Waterproof Pants, breathable (side-zipper recommended)	1	@ 15\$
• Hiking Pants (convertible to shorts recommended)	2	@ 15\$

• Fleece Pants	1	@ 15\$
• Shorts (optional)	1	@ 15\$
• Long Underwear (moisture-wicking fabric recommended)	1	@ 15\$
• Underwear, briefs (moisture-wicking fabric recommended)	3	@ 15\$
• Sport Bra (women)Head wear	2	@ 15\$
• Brimmed Hat, for sun protection	1	@ 10\$
• Knit Hat, for warmth	1	@ 10\$
• Balaclava, for face coverage (optional)	1	@ 10\$
• Bandana (optional)Hand wear	1	@ 10\$
• Gloves, warm (waterproof recommended)	1	@ 10\$
• Glove Liners, synthetic, worn under gloves for added warmth (optional)	1	@ 10\$
• Hiking Boots, warm, waterproof, broken-in, with spare laces	1	@ 40\$
• Gym Shoes, to wear at camp (optional)	1	@ 40\$
• Socks, thick, wool or synthetic	3	@ 10\$
• Sock Liners, tight, thin, synthetic, worn under socks to prevent blisters (optional)	3	@ 15\$
• Gaiters, waterproof (optional)Accessories	1	@ 10\$
• Sunglasses or Goggles	1	@ 15\$

• Backpack Cover, waterproof (optional)	1	@ 15\$
• Poncho, during rainy season (optional)	1	@ 15\$
• Daypack, for you to carry your personal gear	1	@ 15\$
• Duffel bag, (waterproof recommended) for porters to carry your equipment	1	@ 45\$
• Head lamp, with extra batteries	1	@ 20\$
• Trekking Poles (recommended)	1	@ 15\$
• Sleeping Bag Liner, for added warmth (optional)	1	@ 15\$
Sleeping Bag, warm, four seasons	1	@ 40\$
• Stuff Sacks or Plastic Bags, various sizes, to keep gear dry and separate		@ 10\$
• Pee Bottle, to avoid leaving tent at night (recommended)	1	@ 15\$
• Towel, lightweight, quick-dry (optional)	1	@ 20\$
• Water Bladder, Camelbak type (recommended)	1	@ 20\$
• Water Bottle (Nalgene, 32 oz. recommended)	1	@ 10\$

PAPER WORK

- Trip Receipt
- Passport
- Visa (available at JRO)
- Immunization Papers
- Insurance Documents

OTHER

- Toiletries
- Prescriptions
- Sunscreen
- Lip Balm
- Insect Repellent, containing DEET
- First Aid Kit
- Hand Sanitizer
- Toilet Paper
- Wet Wipes (recommended)
- Snacks, light-weight, high calorie, high energy (optional)
- Pencil and Notebook, miniature, for trip log (optional)
- Camera, with extra batteries (optional)